

Growing Works

Nurturing Healthy Lives Outdoors

February 2025



Activities for Adults (18+)

Contact Rachel on info@growingworks.org.uk or 07845 415289

Bud Volunteer Sessions – Open to all adults

Gardening, maintenance, enjoy being outdoors, food provided

Tuesdays & Thursdays 10am – 1pm

Wakefield Road Allotments, Dalton, HD5 9XN

Cooking sessions on Tues 11th and Thurs 13th February

Food and Fire at the Allotment

Socialise and enjoy food around the fire food

Wednesdays 10am – 12pm on 26th Feb, 26th March, 23rd April

Wakefield Road Allotments, Dalton, HD5 9XN

Activities for Families and Young People

Contact Jess on info@growingworks.org.uk or 07883905899

Sprout at Crow Nest Park - For SEND/SEMH families

Outdoor fun in relaxed, accessible environment for children (age 12 and under). No diagnosis required. Saturdays 10am - 12pm

Crow Nest Park, Dewsbury WF13 2SG

Young Shoots 9-week course

Saturdays 1.30pm – 3.30pm plus additional holiday session

Wednesday 19th Feb 10am – 12pm - Woodland Crafts and

Nature Exploration; Building skills and independence for

teenagers with SEND, Wakefield Road Allotments, HD5 9XN

Please use the QR to view our session times
and access PDF versions of our flyers.

