

## Bud

**Nurturing Healthy Lives Outdoors** 

## Tuesdays and Thursdays 10.00am - 1.00pm

Wakefield Road Allotments Dalton, HD5 9XN

Volunteer with us in a welcoming environment and tasks appropriate for all abilities.

Tasks include gardening, site maintenance and skill sharing

Free lunch available. Expenses available for travel costs. Bus route, D1, 231 or 232 stand F Huddersfield bus station

Contact Rachel for further information via Email: info@growingworks.org.uk Phone: 07845 415289



one community

