

## **Bud Outreach**

Nurturing Healthy Lives Outdoors

Join us to develop the spaces, enjoy the outdoors, grow seasonal produce and socialise. Tasks appropriate for all abilities and ages, children to be supervised by an adult.

## **Every Monday**

10am – 12pm in the Edible Garden at Heritage Memorial Gardens, Tolson Museum, HD5 8DJ

1:00pm – 3:00pm in the Community Garden Behind the Library, Harpe Inge, HD5 9RD

> Contact Rachel for further information via Email: info@growingworks.org.uk Phone: 07845 415289 Growing



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